

## STUDENTS STEP FORWARD FOR SUCCESS

*Ku. Richa Shrivastava*

*Ph D, IITR, Roorkee, Ruchilifescape, Jatkhedi, Hoshangabad Road, Bhopal, Madhya Pradesh, India*

### ABSTRACT

*Lechery, resentment, ravenousness, flavour, fashion, games and excessive services for others; all these are restrained for students. Students must relinquish all these habitudes. It has been declared so, because all these inclinations could not direct students to reach their goals. That is why it is meant for students to cease such practices. After omitting these ways of life, students should explore the opportunities in their extant.*

*The great chance which students get to step forward for success is in their vivification. We could then establish ourselves and acquire skills for our enhancement. Afterwards, we remain as we had been in student's vigour. Similarly, Student life is the right time to become supreme. Our nation and the entire world anticipate us to be self – depend and affluent. That's why it has been stated that student years are the exact age for building career perspectives.*

*It is a well – known proverb, "If there is a will, there is a way". Initially, we should choose our aim only after that we could hope for our better future, We ought to achieve our ambition only when we attempt, wholeheartedly for it, without objectives there could be no track, no way and no progress. We could revive only when we have faith in ourselves as well as in Almighty. Faith is unquestionable trust in Omnipresent. Logics fail, reasons are suppressed but faith always conquers over these two factors. A person who walks in the right path, and makes amendments within oneself to reach his goal could only attain his ambition.*

*To achieve success great reliance in saviour is required. A believer of the Lord could only attain victory. If we unbelief God, we unbelief ourselves because belief in God gives us the self – respect, dignity and power to stand against all odds of life.*

**KEYWORDS:** *Students, Success*

---

### Article History

**Received:** 08 Oct 2020 / **Revised:** 12 Oct 2020 / **Accepted:** 20 Oct 2020

---

### INTRODUCTION

**Oh, Goddess Saraswati!**

Bless us! Oh, Mother! Motivate us with learning power, Give us knowledge.

Oh, Divine Mother! Play the divine music through Veena and let us listen to divinity.

Please accept our prayer.

### **Prayer to God!**

You have created us, you give us strength, and you take our worries.

You have tremendous power. You are omnipresent. You are in all living beings.

You are omniscient. We remember you. We ask for pity.

God, please take us to the correct path to gain knowledge.

The strategy is when we attempt to accomplish our objective, at times we divert away from our path. We become doubtful whether we are on the right track. Sometimes we go towards the wrong direction, i. e. we desist our pathway when we are very close to our goal, so at that time we should acknowledge how hard we have tried to thrive our ambition? Even at tough times, we ought to never quit. What all steps could be taken to mend our ways? Check, whether we are in the wrong direction. While repeatedly doing this activity, we might get inner strength. This strategy is followed in all walks of life. In this way of rechecking our actions, all our faults get mended. We should have the patience to wait, overcome our sorrows and complicatedness.

The strategy of Lion, who is the king of Jungle, he who always keeps repeatedly tries to recheck his activities. Through self – introspection and retro – inspection, thereby he finally achieves his goal. That's why; he is the king of Jungle.

Likewise, we should look back, what good we have done? What faults we have made? To arrive at our goal and to realize our ambition, we ought to study very hard. To succeed in studies, we need very strong will power. Firstly, we should become punctual and work according to the clock. We should have plans for a second. In a student life, every hour, every minute and every second is important. Punctuality is possible through systematic life, which is the first step towards success.

To progress in studies, we should be aware of the capabilities of our brain. Knowledge of science and technology plus work experience in a job could be attained through effective and efficient functioning of our brain. To get the triumph, we should comprehend the special features of our brain. The mysteries of the Universe could only be solved by brainpower.

We should endeavour to concentrate our wits by keeping it calm, cool and peaceful. Anger, frenzy and irritation are the dangerous ailments of our brain. Anger means fit of madness. Frenzies and irritation cause mental disorder. Healthy and pious thoughts heal our mind. Dejected and depressed thoughts incur lowness of mind, so we should always invite pure thoughts because it heals our brain.

Pious thoughts come through meditation. Intro – inspection and retro – inspection are the most valuable properties of our brain. On the one hand, meditation evokes nature's mystery. On the other hand, intro – inspection guides us for our future.

When we get engrossed in meditation, our brain provides us with valuable and precious suggestions. Through intro – inspection, we get strength which is supportive for our development. We could shape our prospects, only in student days.

We could dream about our expectations and make career plans for short term goals and long term goals. If we have a strong will power towards self – development. We must struggle our level best to complete our targets. Dedication and hard work towards target give us success in life.

Key to be the winner – If we yearn for victory in life, we must memorize these sutras:

- Do not sit idle.
- Do not leave everything on destiny.
- Do not think that – what has to happen will happen; we could not get more than what has been destined for us.
- Hard work, dedication, devotion and right decisions are taken on time and sincerity towards work could change ill fortune into good fortune.
- Be an aspirant of knowledge, be alert, decide your aim and go towards that direction. Be strong enough to walk in God's path and attempt to achieve your ambition.

No one can perceive your capabilities, your stamina and your greatness. Your pity could be inferred by no one. You have to try your level best to attain your endeavour. Even the strongest reach or approach could not work. If you have to conquer zenith, you have to strive for yourself. That's the reason it is essential to have an idea in our existence and we ought to follow that spiritual leader. Inscribe about your perfect model in your diary. What all capabilities, he acquired? Note, those efficiencies in writings, aspire to practice them. Recollect, where you are erroneous? Seek to improve it.

Aim to exert strong will – power on yourself. Be self – disciplined. Brain, mind and soul should be controlled. Order yourself; you have to walk on the footprints of your ideal. If you ought to discipline yourself, you could discipline others.

You have to control your thoughts and win over your faults, to become best. Then, you are blessed by God, as if you do not have ego feelings. Work is worship if you do not get a chance to go ahead. Do not feel pity for yourself. Even if, you are getting minor chances of progress avail it. Be cheerful, do not worry, and do not get irritated.

Take a healthy diet, fruits, roots and vegetables consume all these with pleasure. If you do not find food tasteful, do not cry over it and get angry, even then eat it with delight. Foodstuff is helpful for our mental and physical development.

Do not accept ill advice. Do not think, if we deny the person, he or she will get annoyed or may harm me. Be bold and be brave. Do not get afraid of anyone, specifically others. The person who indulges in bad habits and tells others to also do the same activity for example: alcohol drinking, drug addiction and smoking. That person could never – ever be a friend. Even if, someone despises of and removes your bad habits is your friend. Do not feel embarrassed to accept your faults.

Do not go after worldly desires, if you have to walk alone and work on your own. Do not hesitate to learn something new. Ask your councillor, if you could be guided better. Decide your ambition in life. Keep meditating how you will achieve your aim? Work with dedication and sincerity. Make an effort to leave bad habits, by the exertion of your spiritual powers and get inspiration from your ideals, those who motivate you. If you want to increase your will power and mental capabilities, you should take consultation from a great saint.

Let's Touch the Sky. Everyone wishes to achieve his ambition and the sky is the limit. Everyone wants that heaven should be beyond one's feet, everyone wants to reach the zenith. There should be no dearth of food and money. No one wants to be a lack of necessities of life. If we keep ourselves energetic and pay attention to ourselves, we could attain zenith in life.

The first stage of development is the childhood. Children are depended upon their parents. They do not know how to protect themselves. A child is not afraid of fire. The kid could put his hands on it. A little child could treat a snake as a toy. It has to be saved every time. A child wishes to be loved by either his parents or his caretakers; we could protect flowers by surrounding it through a fence, the thorns in the plants protect flowers. In this way, it is the duty of all the parents and caretakers must love and protect the child.

At one age the parents, could not help their children. The student starts taking care of himself i.e. the teenage between thirteen to seventeen years. At that time, he is neither child nor adult. Many times he has to face the guilty. Neither children nor adults accompany them. He is neither of a child's age nor an adult's age. In this juncture of time, a teen is full of happiness and gaiety. He or she is capable of getting strength. At times, if parents teach something one feels bad. Teenagers are attracted by outsiders, even if they tell something wrong, teens are ready to do it. Even then, if family members take them to the right path, we find them our enemies. At this point, we could attain something. In this age, we are safeguarded by our parents, so we could achieve zenith. Then, at these times, we need benediction of our saints.

In the beginning stages of studies, it's very difficult for students to determine their aim. As whatsoever people suggest them as professions, students think those jobs as their professions. The student is not able to decide what might he has to do? And, in which profession, he should proceed forward? Which field is appropriate for him – Doctor, engineer or Law? Either he should choose a job or he should be a businessman? Thereby, it's very difficult for one to choose the exact profession? It does not need to happen whatsoever you desired? Many times, it happens that students target one goal and they dream of something else and they encounter a difficult situation?

Similarly, in the forest, the clouds thunder. Amidst thunder and lightning, you carry a small torch to show you the way. The journey is very long. You have to cross a forest of ten kilometres. In every step, you find a new light and a new path. Similarly, in life, as you live every day, your future becomes clearer each day. That's why; it's not easily possible to decide your future beforehand, but in the beginning, you should accept compulsorily, whatsoever aim you have decided, you should do the immense effort for it.

In Niti Shashtra, it has been written that students should have four characteristics – First Characteristic: Patience as a crow, a crow is an agile creature but it is alert all the time. If you try to make it fly, it would not go. If you move your hands, it will not fly. If you will throw a pebble to it, it will fly away. It is alert and it has foresightedness. It knows the dangers. We have to be alert, and thereby, we must pay attention to the various situations and different conditions to safeguard ourselves from the dangers. Otherwise, we will fall in a ditch and get hurt.

If a person pays attention to where he could get hurt, he makes himself alert and aware of dangers. Thereby, he would proceed forward without getting hurt. Do not involve yourself in a fight or dispute. If you have to go far away leave useless chatters. Make plans for the achievement of your goal. If a traveller's destination is nearby in the future. He will be neither determined nor alert. If a traveller has to reach a very far destination and hence, he is farsighted, thereby, he will be determined, alert and all prepared. He will not involve himself in useless issues. He would step forward towards his goal. Hostel students should be corresponded by what's up because they could read the message many times. It should be written

that “You are there for studying hard. Do not get involved in other matters of the world; you have to bear troubles because you have to achieve your goal, then you will realize your hard work. Thereby, forget all the troubles. Remember the result which you will get in future. The child will get sentimental when he receives parents messages. The child would keep reading it many times. How many tears have fallen while reading parent’s messages? It’s not only words; there are blessings of parents in these words. The child looks at what’s up, listens to the words of the parents in audio and video calls and feels the presence of parents from it. He feels that he has received their best wishes.

Second Characteristic: Students should have attentiveness like a heron. A student who concentrates on learning lessons and forgets all worldly pleasures he should get involved only in what, he has to perform in studies? He should be focused, up to last second without any diversion. Similarly, if we do like a heron, there will be people who would like to divert us from our path. They will tempt us; they would create problems for us. Other students could misbehave but we have to safeguard ourselves from those people and unfavourable circumstances. We have to use all our power in the achievement of our goal.

Third Characteristic: Student should nap like a dog. Students should not sleep for a long time. They should leave laziness; one should get up early in the morning and take exercises. It facilitates our body in blood circulation. It makes our mind fresh. Students should revise their college or school work deliberately. They should take rest mentally and physically. Students should sleep for five to eight hours.

Do not whimper on your fate. Believe on Karma, with karma we could change our fortune. One arrives at new heights in career. Estimate your work; do not get disheartened by your poverty, wretchedness and insufficiency. Even then, there are people like our late prime minister, Lal Bhadur Shastri despite the paucity of resources; he has attained his high ambition. He was eminent not only in U.P. but in the whole of India.

Make someone your role model. He should be a great personality to follow, like this person. If you get a holiday, examine manuscripts on a great personality. Seek to read his autobiography, if you wish to attain your highest ambition and be a winner in future. Accept the challenge and take inspiration from that great personality. In this way, we ought to develop ourselves.

It is said, “Child is the father of man”. A child should be taught good manners, discipline, tolerance, pity and hard work. By developing all these attitudes, we could rise above in life. Students should not feel terrified while studying, because the brain cells get destroyed, when we are frightened. Every cell takes at least twenty years to develop itself if one is pressurized and becomes stressed, one’s mood changes. This disappointment of the mind affects the brain and, it is termed as a mood disorder. That’s the reason, we should be happy and get relief from worries and we should target a fear-free life.

We must develop our memory. If we take an axe and do not use it, it starts getting rust. If we utilize the axe, it gets sharper than before. Our brain is also like that more we use our brain, it becomes sharp. If we do not utilize our brain, it wouldn’t work. Always seek to learn something new. There is an activity for those students who are competing for competitive exams. Keep in wits not to learn lessons in one place more than two hours continuously. Fetch ten minutes break. After ten minutes go to wash-room and rinse your face with water. Do it three times. Take half or one glass of water and then go in the fresh air.

For taking a break, students generally sit ten minutes in front of the television. Students do not know that harmful rays emitted by television or mobile make our brain ill. They feel fresh because of music. It is for the reason because you

could listen to music in audio, mobile and radio. The best way is to whether hum a song or sing a song for ten minutes in the fresh air while strolling. Take walk for ten minutes. Take deep breath which will supply oxygen to your brain. This break for fifteen minutes will provide you with the increased capacity of the brain.

In the study room, there should be windows and ventilators for fresh air to come in and carbon – dioxide to go out. Keep your study table in the east direction. It is the direction from where the sunlight comes. Our knowledge will get more enhanced by sitting in this direction. This creates interest in studies.

Secondly, to get success in the examinations, the students competing should not be scared of competitive exams. Even if you study for eighteen hours, do not get terrified while learning, then you will not be able to recall what you have studied. Some students play audio while reading and writing, they assume that's a better way to cram but the procedure is wrong. If someone is recording his voice but there is traffic, the sound of vehicles, noises, then will it be a proper recording? As a soundproof studio is required for recording of voice, in the similar manner where you want to memorize, that place should be calm, quiet and serene, so one ought to concentrate up to utmost level.

What you are reading it should completely enter into your brain. Aspire to memorize with interest. Contemplate whatever; I consider will shape my future. Those who achieve their goals or who stood first in class are not angels. They are similar to us. Determine to be studious by the devotion of more time to your studies. This is the only way to attain your objectives.

The Ways to Study:

- Whatever you study, learn it with great interest. If you get engrossed in studies, that will store the content in your mind.
- Revise whatever you have studied. Revise compulsorily.
- Write the matter in points.
- Learn the points and have a look at the lesson.

In these ways, you will gain knowledge soon and get learned by heart your lessons.

Swami Vivekananda is ideal for youth. Swami Vivekananda was born on 12 the January 1863 in India. In his childhood, he was in search of a great saint. A saint who has seen God, he asked many saints, "Have you seen almighty. Once he has got the privilege to meet Swami Ram – Krishna Paramhansa. He has the positive impact of his personality and his preaching. Swami Ram – Krishna invited him to the Kali Temple.

Vivekananda has gone to the place and saw many well – established followers of Swami Paramhansa. Vivekananda is not influenced from the people present over there. He, at once asked Swami Paramhansa, "Have you seen the Almighty?" Many devotees screamed angrily, "You should not ask this question to Swami Paramhansa. He is the incarnation of Almighty.

Vivekananda was firm and he said, "I am a non – believer of superstitions". Swami Ram – Krishna has been pleased with his straightforwardness; he became Swami Ram – Krishna Paramhansa's disciple and got his bliss. After attainment of the spiritual knowledge regarding Almighty from his guru, he had become a forerunner of the Indian society and spreader of the fragrance of Indian spirituality all over the world. He also promoted Indian Nationalism in the outside countries for the welfare of Indians in foreign countries.

Once some Britishers accused saints, they have been in travel with Swami Vivekananda. They thought that saints do not know English. At those times, merely any saint may know English. At one station, thousands of people have been waiting for Swami Vivekananda. Some of them have been officers and many learned people were present there. Swami Vivekananda answered their questions fluently in English in such a way that Britishers have been felt ashamed and they asked pardon for insulting saints.

When Swami Vivekananda toured to New York for his preaching, people laughed at his dressing sense. He answered, "In your country, people are known by their dressing sense. In our country people are known for their character". The crowd was amazed by his lecture. Swami Ji went ahead.

Once Swami Vivekananda went for the world tour, his mesmerizing speech on Indian culture and Indian religion was great aplomb. A Japanese scholar has asked him, India is rich in teachings of Gita, Ramayana, Vedas, Upanishads, Darshan Shastras, then why Indians are underprivileged and bondage by British rule.

Swamiji answered wisely, "If you have the most powerful gun and you do not know the utilization of it then it's a metal. In the same way, the best culture and religion is possessed by Indians in the same manner as the example of the gun, they do not know its implication".

He further added, "Whatsoever is dangerous in life, countenance it, bravely. To run away from the complexities is the deed of cowardice. Never – ever the cowards win the battle. When we face cowardice, ignorance and dilemmas, it will flee from us". This lesson has been preached by him.

Furthermore in, a statement of Swami Vivekananda at Chicago, he addressed – O! All great men:

Get acquainted with yourselves. You are the son of that great father, i.e. almighty. Why do we stand in a crowd like beggars? You are the Lion, Who is lost in cattle's crowd. The day you become aware of your will power, you will prosper up to the sky, this is your limit. No one could stop you from attaining your goal.

Everyone has praised Swami Ji for his preaching. He won fame all over the world. He made it clear case to others that, "I am not the one who could gain popularity, and I have attained popularity because my ideal is Swami Ram Krishna Paramhansa. He made my heart pure by the enlightenment of tender feelings within me. He is the Guru to be worshipped. If you want to praise someone, extol him and thank him. The great knowledge seeker, meditation expert and a great saint, he does not want respect. He wants from us, is our belief towards him. Thousand times naman to our great saints.

## WORKS CITED

1. *Student life.net*
2. *Sudhanshu ji Maharaj.net*
3. "Swami Vivekananda". *Culturalindia.net* 2020 Web 20 Sep 2020
4. <https://www.culturalindia.net/reformers/vivekananda.html> Web 20 Sep 2020.

